

A&L LABORATORY

A Division of Granite State Analytical, LLC.

Sampling Instructions - Fill all 3 bottles for each sampling location – Read all instructions before you begin

1. Running the water

- Remove screens/aerators from the tap (or use one without a screen such as your bathtub).
- Disinfect the end of the tap by submerging it in a bleach solution for approximately 30 seconds. Rinse all of the bleach off of the faucet completely prior to sampling.
- Run the cold water only for the appropriate amount of time:
 - Well In Use – run water 5-10 minutes
 - New Well – run water 30-60 minutes
 - Well Not In Use – run water 2 hours



2. Collecting the Bacteria Sample:

- Keep the sample bottles closed until they are ready to be filled. Be careful not to touch the inside of the bottle or cap. Do not lay the cap down or put it in your pocket. *If you think you may have contaminated the sample or bottle, do not submit the sample. Get a new kit from the lab.*
- This sample bottle contains either a small pill or powder. **DO NOT RINSE THIS OUT!** This substance inactivates any small amounts of chlorine present in the water sample.
- Uncap the sterile bacteria bottle and fill it without overflowing or splashing water in the bottle. Fill the bottle almost to the top, leaving a small air space so the sample can be shaken at the lab. **There needs to be at least 100 mLs in the bottle or you will need to re-sample. Recap the bottle tightly to ensure that it does not leak.**



***Please make sure that the bacteria container's sterile seal is intact and the cover is on tightly prior to taking your sample. If you feel that a container is suspect please call the lab for a replacement. Care should be taken to avoid contamination of the sample with dirt, or anything other than fresh tap water as you fill the container.*

3. Collecting the Mineral / Metals Sample:

Uncap **BOTH** bottles and fill to the shoulder with water. Screw the cap on tightly to ensure that they do not leak.

Fill to here



4. Information Sheet:

Fill out the information sheet completely and legibly, sign the bottom.

Samples will NOT be tested if:

- The sample is more than 30 hours old when received
- We detect chlorine
- The collection date and/or time is missing
- There is not 100 mLs in the bacteria bottle
- All 3 bottles are not filled

For a complete copy of our sample acceptance policy please visit our website at <http://allaboratory.com/pdfs/sampleacceptancepolicy.pdf>

5. Delivery Options:

Hand-deliver your sample to 155 Center Street, Building C, Auburn, Maine 04210- samples should arrive on ice to maintain proper temperatures.

OR

Ship your sample in the padded envelope that you received the test kit in by one of the following:

- United States Postal Service – First Class Mail (Monday – Friday)
- UPS – Ground Shipping (Monday-Thursday)
- Courier Service

Samples can also be dropped off at the lab Monday through Friday from 8:00am to 4:00pm.

DO NOT mail samples on Saturday, Sunday or the day before a legal holiday.

If you have questions regarding these instructions please call (207) 784-5354.